

Polysomnographic Technology



What do they do?

Polysomnographic Technologists and Technicians work as part of a team under the supervision of a physician, and assist in the evaluation and treatment of sleep disorders in patients of all ages. Technicians have less training and may work under the supervision of a Technologist.

Where do they work?

Most Polysomnographic Technologists and Technicians work in sleep disorder centers, which might be independent, or part of a larger hospital.

Pay:

According to the U.S. Bureau of Labor Statistics, the average salary for all Health Technologist and Technicians, which would include Polysomnographic Technology, ranges between \$37,240 and \$57,580.



Education:

A two-year associate's degree is required to become a Polysomnographic Technologist or Technician.

Polysomnographic A.S. degrees in the Midwest:

Moraine Valley Community College (IL):
www.morainevalley.edu

Baker college of Flint (MI):
www.morainevalley.edu

Minneapolis Community and Technical College (MN): www.morainevalley.edu

High School students interested in Polysomnographic Technology should take classes in biology, anatomy & physiology, math, and health related classes.

Potential for Advancement:

A Polysomnographic Technologist who would like to gain another certification can seek the Certification in Clinical Sleep Health (CCSH) through the Board of Registered Polysomnographic Technologists (BRPT)

www.brpt.org

This credential is an option for healthcare providers who work directly with sleep medicine patients and practitioners. This certification is those with either, 1) A bachelor's degree and at least 1,000 hours of experience in clinical sleep health, or, 2) an approved healthcare credential or license and an associate's degree or above.

Certification:

The Board of Registered Polysomnographic Technologists (BRPT) administers exams for the following certifications in Polysomnographic technology.

Certified Polysomnographic Technicians (CPSGT): 75 multiple choice questions.

Registered Polysomnographic Technologists (RPSGT): 200 multiple choice questions .

www.brpt.org



Accreditation:

Education programs for Polysomnographic Technology are accredited by the Commission on Accreditation of Allied Health Careers:

www.caahep.org



Professional Associations:

Polysomnographic Technologists and Technicians can join the following professional associations:

American Academy of Sleep Medicine (AASM):

www.aasmnet.org

American Association of Sleep Technologists (ASST):

www.aastweb.org



Job Outlook:

According to the U.S. Bureau of Labor Statistics, employment for health technologists and technicians are expected to increase 22 percent between 2012 and 2022, which is much faster than the average across all occupations.

Bureau of Labor Statistics, U.S. Department of Labor, *Occupational Outlook Handbook, 2014-15 Edition*, Medical and Clinical Laboratory Technologists and Technicians:

<http://www.bls.gov/ooh/healthcare/medical-and-clinical-laboratory-technologists-and-technicians.htm>

